

COVID-19 Daily Self-Checklist

Name: _____ Date: _____

Review this COVID-19 Daily Checklist each day before bringing your child to our center. If you reply YES to any of the questions below, STAY HOME and contact your Family Advocate.

Has your family recently traveled (within the past 14 days) from states with high rates of COVID-19 infection? <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

Yes No State _____

Does your child and anyone in your household have a fever (temperature over 100°F) without having taken any fever reducing medications?

Yes No

Has your child or anyone in your household experienced any of the following symptoms?

Muscle aches? Yes No Cough? Yes No Sore throat? Yes No

Headache? Yes No Shortness of breath? Yes No Chills? Yes No

Loss of smell or taste? Yes No

Has your child or anyone in your household experienced any gastrointestinal symptoms such as nausea/ vomiting, diarrhea, loss of appetite?

Yes No

Has anyone in your household been in close contact with someone who has been diagnosed with COVID-19, or experienced symptoms of COVID-19?

Yes No

Has anyone in your household tested positive for COVID-19 in the past 14 days?

Yes No

Has anyone in your household had any symptoms of COVID-19 in the past 14 days? (flushed skin, breathing difficulty, rapid breath breathing, etc.)

Yes No